



August 28, 2015

Parents and Guardians,

St. Martin's Episcopal School has adopted to be a NUT-FREE and LATEX-FREE school. Many classrooms include children with severe allergies to Peanuts and Tree Nuts and Latex. To ensure that each child can learn safely, we are asking the parents of all children to take extra precautions to help us provide a NUT-FREE and LATEX-FREE environment.

Please avoid sending items that may contain Peanut and/or Tree Nut products to school with your child for classroom snacks, holiday or birthday celebrations. Please read the labels for the contents. Peanuts are often concealed in processed foods like baked goods, candy (including plain M&Ms), cereal, granola bars and more.

Avoidance is essential for a child who is allergic to these foods and products. Avoidance for NUT-FREE and LATEX-FREE means these children cannot come into contact with or consume anything with traces of any type of nut or latex. Tree Nuts include walnuts, pecans, pistachios, cashews, brazil nuts, beech nuts, chestnuts, hazelnuts, hickory nuts, almonds, coconuts, pine nuts and macadamia nuts just to name a few.

Snacks to consider include fresh fruits, fresh vegetables or cheese cubes. Each classroom teacher will inform you regarding any allergies in your specific classroom.

To protect children who may have LATEX ALLERGIES, please do not bring BALLOONS to school.

Thank you for your understanding as we try to protect all children.



Best Regards,

Cindy James
Director